November Newsletter

What is PBIS?

Positive Behavior Interventions and Supports (PBIS) is a proactive, school-wide approach to teaching and reinforcing positive behavior. Rather than only reacting to misbehavior, PBIS helps schools clearly define and consistently encourage expected behaviors to create a safe and positive learning environment for all students.

PBIS is built on three main ideas:

- 1. Teach appropriate behavior just like we teach academics.
- Reinforce positive behaviors consistently.
- 3. Use data to guide decisions and improve outcomes.

Why PBIS is Great for Young Children

In the early grades (Preschool–2nd), children are still learning how to behave in group settings. PBIS helps by:

- Giving children clear, simple rules and expectations.
- Offering frequent praise and encouragement.
- Teaching social-emotional skills like taking turns, listening, and using kind words.

Young children thrive on routine, praise, and rewards. PBIS meets these needs and builds a strong foundation for future learning and relationships.

What Are PBIS Tickets?

PBIS tickets are a tool used to recognize and reward students when they show expected behavior. You will see these tickets coming home with your child when he/she earns them.

How it works:

 A child receives a ticket when a teacher or staff member notices them doing the right thing, such as:

- Walking safely in the hallway
- Following directions
- Using quiet voices during work time
- The ticket is a positive reinforcement—it lets the child know exactly what they did well.
- Over time, students learn that showing good behavior leads to positive attention and rewards.

What happens with the tickets?

We use these tickets in different ways.

- Students are entered in a school drawing for a small prize on Fridays.
- Students collect them to use at our monthly student store.
- Students bring them to the office for a sticker and positive praise from our office staff.

How Parents Can Support PBIS at Home

- Talk about behavior expectations at school and ask what the rules (4 R's) are -Be Responsible, Be Respectful, Be Really Safe, Be Ready to Learn).
- Celebrate PBIS tickets your child brings home. Ask, "What did you do to earn this?"
- Use PBIS-style praise at home:
 - Instead of saying "Good job," try: "I love how you cleaned up your toys right away. That was responsible!"
- Consider using your own "home tickets" to encourage behavior like:
 - Brushing teeth without reminders
 - Helping a sibling
 - Using calm words during frustration

Final Thoughts

PBIS helps young children learn how to behave positively by focusing on what they should do, not just what they shouldn't do. PBIS tickets are a fun and effective way to reinforce those behaviors and build confidence in young learners.

When schools and families work together using consistent language and expectations, children are more successful both academically and socially.